

## **ONLINE EFT WORKSHOP: EFT & SEX ADDICTION**

**Feb 12, 2022**

**9:30 am-12:30 pm EST**

**Dr. Herman Chow, RP, RMFT- Supervisor CCFT**

**Certified EFT Therapist and Supervisor**

**AAMFT Approved Supervisor**

### **Description**

“**EFT & Sex Addiction**” is the eighth instalment of the Online EFT workshops series that will hone your EFT skills. This workshop is for participants who have some working knowledge of EFT and awareness of EFT stage 1 and stage 2. This particular workshop will assume you have some understanding of using EFT with attachment injuries. If you don't, it will be helpful to purchase Herman's previous training on “EFCT: Healing from affairs”.

Sex addiction (like many addictions) can cause deep wounds in people's lives; individuals, couples, and families. Individuals who are struggling with this addiction are in pain and desperately want to overcome this struggle. For many couples, sex addiction is like an affair (attachment injury) and both partners experience deep injuries and pain.

This workshop will look at sex addiction via the lenses of attachment theory and EFT. You will develop some key strategies in assisting them to heal from the impact of sex addiction in their lives. The focus will be giving an overview of the EFT work with both the individual (EFIT) and the couple (EFCT). Teaching methods will include concise teachings, video clips, and demonstrations.

### **Learning Outcomes**

By the end of the workshop, the learner should be able to:

1. Understand the nature of sex addiction
2. Comprehend the inner world of the sex addict and injured partner

3. Use some key EFCT interventions when working with sex addiction
4. Work with the typical blocks in sex addiction work
5. Choreograph meaningful enactments

### **Who should attend**

- Anyone who works with couples using EFT, e.g. psychotherapists, couple and family therapists, psychologists, pastors, etc.
- Any novice EFT therapist who wants step-by-step instruction of doing EFT
- Any seasoned EFT therapist who wants to solidify and clarify their understanding of EFT

**The Canadian Association for Marriage and Family Therapy (CAMFT) has approved 3 hours of Continued Education Hours for this training. You can most likely use the 3 hours towards your Associations' Continued Education requirement (e.g. CAMFT, AAMFT) and Colleges (e.g. CRPO).**

### **Fee**

**The regular fee is \$80 (Canadian) per person.**

**The early bird fee is \$70 (Canadian) and the full-time student fee is \$35 (Canadian) if you sign up and pay on or before Dec 12, 2021.**

### **Registration**

For registration, please visit [www.hermanchow.com](http://www.hermanchow.com):

<https://hermanchow.com/therapists-registration>

Please send in payment via etransfer at hermanchow@rogers.com along with your registration. If etransfer is not possible (e.g. US participants), you can pay via PayPal (contact: Herman at [hermanchow@rogers.com](mailto:hermanchow@rogers.com) if you need assistance). If you are using PayPal, click "Family and Friends" to avoid extra charges. You will be responsible for additional costs.