

Announcement!

CAMFT is introducing a variety of new options for Supervisors and Supervisor-Mentors looking for ways to meet their Refresher requirement

In accordance with best practice in supervision, all supervisors (including Supervisor Mentors) are required to demonstrate their currency in the practice of supervision by completing a Refresher process, once every five years.

CAMFT is excited to introduce a variety of new ways to meet the Refresher requirement: we hope these options will not only help to keep our supervisors current, but will help to build a strong network of supervisors and supervisor-mentors so that they may provide active leadership within our organization and within the field of Relational and Family Therapy.

Supervisor Refresher Options and Requirements for CAMFT Supervisors (RMFT-S) Please note the “also required section” on page two.

Option I: Learning Together: CAMFT invites its Supervisors and Supervisor-Mentors to create short workshops or units of study to share with their colleagues, addressing such topics as:

- Current and emerging information on legal and ethical updates
- Core Concepts and Best Practices in Tele-mental health and e-therapy
- Current and emerging theories and studies in the area of MFT
- Ways of creating and maintaining networks with colleagues
- The self of the supervisor / therapist work
- Managing multiple roles: supervisors who also serve as program managers, clinic directors etc.
- Providing supervision from a specific theoretical perspective
- Multicultural Issues in Supervision
- Exploring and integrating indigenous concerns into the practice of supervision
- Grief and loss as a Supervisor
- Panel discussions (with reading lists) on selected topics

We envision these workshops or studies being presented in 1.5-2 hour format.

The model format would be a combination of lecture / slide presentation, recommended readings (e.g. current books or articles) and exercises, as well as discussion. Emphasis on Canadian content / context.

All of these will be offered via Zoom (CAMFT will provide the platform). They will also be recorded and made available for later viewing.

We are hoping that a variety of workshops will be available over the course of each year, so that supervisors will be able to access a variety of resources.

A \$75 fee will be charged by CAMFT for participating in a live webinar, or \$50 for viewing a recording.

Credit:

Supervisors who choose this option will be required to participate in at least 3 of these workshops or studies every 5 years.

Supervisors who design and lead these workshops can count this activity as their own refresher process.

Option II: Learning Independently

a) You may take another program which is directed specifically toward the practice of supervision (see list above for examples) and which you feel would enhance the way you work.

(Minimum 5 hours) (Canadian Content strongly preferred; Pre-approval required)

b) You may take training which enhances your own practice, and which you are regularly incorporating into your practice of supervision, please document. (Minimum 5 hours) (E.g. Narrative, Solution Focused, other systemic theories) (Pre-approval required)

c) You may assemble a list of readings to create a course of self-study (see list of topics above); (Pre-approval required)

d) If you are able to access the AAMFT Supervisor Refresher program (i.e., if you are also an AAMFT supervisor), we will accept that option. Because CAMFT is committed to encouraging and supporting Reflective Practice for all our members throughout their careers you must still complete one of the two options below as well.

Also Required: Reflection and Integration

To integrate and reflect learnings gained from whichever option is chosen, supervisors will be asked to:

1) Complete a self-assessment and learning plan. The self-assessment form is on www.camft.ca in "Supervision" under the "Membership" tab.

OR

2) Revisit their Philosophy of Supervision paper, identifying what has changed for them, and what remains fundamental, and write a one page reflection/self-assessment, incorporating their learning from their current activities, thereby creating a 'refreshed' Philosophy of Supervision document, to be submitted as evidence of the completion of their Refresher process.

These submissions will be reviewed by a panel of supervisor mentors, who will be invited to comment on and dialogue with the documents submitted.

(N.B. Reviewing such papers will be an expected part of the role of supervisor-mentor.)